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Your essential daily news | MONDAY, OCTOBER 3, 2016

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We need a plan. Sexual assault on campus is a national issue

A FIVE-DAY METRO SPECIAL FOCUS metroNEWS

ISTOCK

ROSEMARY WESTWOOD

Investigating the vacuum of accountability

Canada: the country without a plan.

On every campus, in every province and territory, students — and women in particular — face sexual violence and harassment. It devastates minds and bodies and thwarts academic dreams.

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All week, Metro investigates this vacuum of national accountability. And we begin today, with the story of five women who pose the greatest threat yet to the status quo.

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Crash victim inspired by community support

YALETOWN

Two killed, three hurt — one survivor speaks out

David P. Ball
Metro | Vancouver

Steve Yorke remembered only a flash of white as a Lexus SUV careened at high speed off the street, knocking over a green lamppost and Metro newspaper box, before he lost consciousness on Aug. 29.

The 34-year-old Vancouver web developer was one of three pedestrians injured in a dramatic crash that killed the car's two occupants instantly — the 68-year-old driver and his female passenger, 70 — on Seymour near Davie Street.

"The last thing I remember was seeing a newspaper box and tree and green lamppost and the vehicle," he told Metro in an exclusive interview.

"The next thing I remember, I was waking up on the sidewalk on my back and somebody was holding my neck in place to stabilize me."

The accident left him with a fractured pelvis, a broken femur in his right leg, a broken tibia below his left knee, a severed Achilles tendon and ligaments and internal bleeding in his liver, kidneys and adrenal gland.

On Sept. 22, Yorke finally got out of hospital after four weeks.

Yorke had proposed marriage to his longtime partner Kristy McLeod just a few weeks earlier and worked full-time as a contractor at a Gastown social media firm. With a wedding date scheduled for next August, he said his motivation to fully recover is to "be able to walk down the aisle and to have one dance" with the love of his life.

After spending a month in hospital following a deadly Aug. 29 car crash, Steve Yorke and his fiancée Kristy McLeod moved into a relative's wheelchair-accessible apartment but soon have to move again. DAVID P. BALL/METRO

Unfortunately, because he is a contractor, Yorke has no extended health benefits. So although ICBC is paying for his medication and in-home physiotherapy while he's housebound in a wheelchair, eventually he'll only get partial coverage for what he estimates will be months of rehab and lost wages, plus he'll soon have to move because he can't climb his building's stairs.

So co-sworkers created an online fundraiser to help him recover some of his financial losses in the year ahead that won't be reimbursed by Medicare or ICBC.

The fundraising campaign for Yorke's uninsured rehabilitation expenses can be found at gofundme.com/steveyorke. By end of Sunday, it had raised nearly $19,000.

> **When I needed help, strangers were right there kneeling in the broken glass ... there are people here who still care and are willing to help you out at the drop of a hat.** Steve Yorke

HEALTH

Mental illness up with HIV

Matt Kieltyka
Metro | Vancouver

Addressing the underlying mental health issues of harder-to-reach people with HIV/AIDS is important for treatment, a British Columbia researcher says.

The B.C. Centre for Excellence in HIV/AIDS (BC-CfE) studied 916 participants in its drug treatment program from 2007 to 2010 and found that more than half (54 per cent) reported having a mental health disorder at some point in their lives.

That rate of mental illness is two to 10 times higher that the general population's.

BC-CfE research scientist Dr. Robert Hogg told Metro that mood (85 per cent) and anxiety (65 per cent) disorders were the most common mental health conditions among the group.

The study defines "harder-to-reach" people as those with HIV/AIDS who use illicit drugs, have other health complications or are from vulnerable populations, such as women or indigenous people, who can experience significant barriers to treatment for the disease.

While dealing with concurrent illnesses is vital to ensuring the health of people with HIV/AIDS, the good news, according to Hogg, is that HIV/AIDS treatment adherence for people who are in the program and suffer from mental illness was roughly the same as those who don't have a mental health illness.

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HUDSON'S BAY

Some Chinese-Canadians seeing red

VANCOUVER CITY HALL

Flag ceremony for Chinese independence raises red flag

David P. Ball
Metro | Vancouver

Local politicians touted a Chinese independence anniversary event in Vancouver this weekend as a way to celebrate Canada's relationship to the People's Republic of China.

But the celebration — at which City Coun. Kerry Jang raised the Chinese flag on a City Hall flagpole alongside Richmond East MP Joe Peschisolido, both wearing red scarves — isn't being celebrated by everyone in the Chinese-Canadian community.

"I myself and my family lived through the (Chinese) Cultural Revolution," said Meena Wong, former mayoral candidate for the Coalition of Progressive Electors. "The flag and red scarf represent oppression to me.

"My family was raided by the Red Guards wearing those red scarves. I'm very disgusted and disappointed."

But Jang, who attended the event as the city's Acting Mayor, lashed out at critics — asking why no one protested City Hall's recent Mexican or Slovenian flag-raising events.

"To me, this is just racism pure and simple," he told Metro. "Why pick on the Chinese?"

Asked what he'd say to Chinese-Canadians criticizing the event, Jang said, "Leave the war at home."

Representatives of Vancouver, Burnaby and the federal government took part in a flag-raising ceremony at Vancouver City Hall on Saturday to mark the 67th anniversary of China's independence. TWITTER

MEDICINE

Superbugs squashed by new discovery

Wanyee Li
Metro | Vancouver

A UBC professor has made an important discovery in the fight against superbugs — a molecule that destroys strains of bacteria resistant to antibiotics.

Researcher Bob Hancock made the discovery while his team was looking for a solution to abscesses, a condition where patients develop reoccurring fluid-filled pockets that don't respond well to traditional antibiotic treatments.

It turned out that a humble peptide, made up of amino acids, was able to destroy the bacteria-filled abscesses.

"When we treated animals that had acquired abscesses with the peptide, it actually prevented the bacteria from causing damage to the animal," said the microbiology professor.

Hancock tested the peptide against some of the most resistant bacteria doctors are currently struggling to treat and it worked — the bacteria were no match for the synthetic peptide.

"We've shown that they work against most of the superbugs. In this case, we actually tested the worst bacteria in our society."

Those bacteria include Pseudomonas aeruginosa and MRSA methicillin-resistant Staphylococcus aureus (MRSA).

Hancock hopes the peptide can be fast tracked to clinical trials and that in two or three years, doctors will be able to use it in conjunction with antibiotics to destroy superbugs.

"Even against mutants that are resistant to antibiotics, these peptides will actually allow the antibiotics to work."

> **We actually tested the worst bacteria in our society.**
> Bob Hancock

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Tutus used to fight pit bull image

Jackson sports a tutu in support of the Dewdney Animal Hospital's campaign to raise awareness for pit bull-type dogs. APRIL FAHR/CONTRIBUTED

PETS

Montreal's breed-specific dog ban starts Oct. 3

Wanyee Li
Metro | Vancouver

Montreal's contentious pit bull ban comes into effect Monday and one B.C. veterinarian is starting a campaign to convince people pit bulls don't deserve the stereotype they have.

He wants people with pit bull-type dogs to put a tutu on them.

"I want to absolutely shred the public perception of what a pit bull is," said Adrian Walton, lead veterinarian at Dewdney Animal Hospital.

He hopes the campaign will encourage people to realize Montreal's ban on pit bulls — a death sentence for pit bulls currently in the city's shelters — to donate to the Montreal SPCA's legal battle against the bylaw.

"I'm incensed. This is wrong on so many levels ... and unfortunately veterinarians are put in a horrible position of euthanizing healthy happy friendly dogs just for political purposes."

The bylaw is targeting the wrong people and the wrong dogs, said Walton, who sometimes volunteers with the SPCA.

"I have no problem with euthanizing aggressive dogs ... but there's no connection between the pit bull breed and aggression."

The vet was inspired to start the campaign, where he pledged to wear a pink tutu this entire week, after he read news of the Montreal ban while sitting beside a rescue dog. Pit bulls need an image change, he thought.

"I wish that everybody who had a pit bull had it wearing a pink tutu," he said.

"The idiotic people who get these dogs for the wrong reasons, just to parade them around making them look tough ... they wouldn't want those dogs wearing a pink tutu."

The trend is catching on. April Fahr, an advocate for pit bull-type dogs, put tutus on several rescue dogs during a training session Sunday.

Her B.C.-based organization, Hug A Bull, has been flooded with requests to adopt a dog affected by Montreal's pit bull ban but she recommends people donate to the Montreal SPCA instead to help with legal fees.

"We're hoping the SPCA legal challenge will be successful and provide the dog and human residences in Montreal with a better option and that it will hopefully set a precedent for other communities in Canada."

Vancouver currently does not have breed-specific bylaws for dogs.

APPARENT HOMICIDE

Canadian expat photographer, 74, found strangled in Mexico

A 74-year-old Canadian photographer who "saw beauty in everything" was killed in Merida, Mexico, officials and a business associate said Saturday.

State prosecutor spokesman Baruch Velasquez identified the victim of an apparent homicide as Barbara McClatchie Andrews, a one-time photojournalist who had turned to abstract photography in recent years.

> **McClatchie fell in love with the architecture and the sculpture and the people.**
> Deanna Geisheiner

Velasquez said McClatchie Andrews was a resident of Merida, the capital of Yucatan, where she ran an art gallery called "In Lak'Ech".

And since 2007, she has been represented by Art Works Gallery in Vancouver, according to gallery owner Deanna Geisheiner.

Geisheiner said McClatchie Andrews had a special way of looking at the world, and was able to see beauty in the mundane.

She said the photographer visited Merida in 2005, and "fell in love with the architecture and the sculpture and the people."

And she became deeply involved in the community there, doing charity work, Geisheiner said.

In a news release, the state prosecutor said McClatchie Andrews was found dead Friday morning on the side of the highway connecting Merida with Cancun.

The statement said she was strangled to death.

THE CANADIAN PRESS

DIPLOMACY

A Canadian government spokeswoman said Canadian officials have been in touch with local authorities and are also providing consular assistance to the family.

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Student's body found

INVESTIGATION

Search for young Japanese woman ends in tragedy

Matt Kieltyka
Metro | Vancouver

Japanese ESL student Natsumi Kogawa was found dead in Vancouver. CONTRIBUTED/VANCOUVER POLICE DEPARTMENT

The search for missing Japanese student Natsumi Kogawa has come to a tragic end in Vancouver.

Kogawa, a 30-year-old ESL student studying in B.C., was reported missing by her boyfriend on Sept. 12 and has been the subject of a high-profile Burnaby RCMP missing person investigation since then.

Vancouver police announced Friday that Kogawa's body was found Sept. 28 at the grounds of Vancouver's Gabriola House mansion (1523 Davie St.). A 48-year-old man was arrested in Vernon in connection to her death later that night.

VPD spokesperson Const. Brian Montague confirmed the suspect, identified as William Victor Schneider, of no fixed address, is the man pictured with Kogawa in surveillance footage released last week by Burnaby RCMP, where she was last seen on Sept. 8.

Schneider has been charged with indignity to a human body. He remains in custody.

Montague said police are looking at possible homicide charges but are waiting for the result of an autopsy.

Kogawa's family in Japan has been notified of her death, police say. Montague told media a publication ban prevents police from sharing more details.

"Our primary focus is the investigation, something we do not want to jeopardize," he said.

Police would not say what relationship, if any, Kogawa had with Schneider.

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‘Court of appeal’ for First Nations

The Royals in Canada

Royal visit a chance for activists to have voices heard

As the Duke and Duchess of Cambridge toured British Columbia and the Yukon over the past week, they heard impassioned speeches on reconciliation and saw protest T-shirts emblazoned with slogans opposing oil and liquefied natural gas.

The focus on First Nations issues was already built into Prince William and Kate’s itinerary, with stops in Bella Bella, the home of the Great Bear Rainforest, and Haida Gwaii, a remote and stunning archipelago sacred to some aboriginal people.

Some indigenous leaders embraced the opportunity to criticize their federal and provincial governments in front of the duke and duchess. But there’s a long tradition of aboriginal people appealing directly to the Royal Family, experts say.

The Duke of Cambridge shakes hands with an aboriginal chief at the University of British Columbia campus in Kelowna. THE CANADIAN PRESS/JONATHAN HAYWARD

First Nations have at times turned to the royals as a kind of “court of appeal,” said Charles Menzies, an anthropology professor at the University of British Columbia.

The primary relationship of indigenous people has always been with the Crown of England, as opposed to elected governments, he said. The Royal Proclamation of 1763 required the Crown to enter into negotiations and settle treaties, Menzies said.

“That relationship has continued in that many First Nations communities have seen the royal court, the Royal Family, as the place to go to petition for recognition of rights,” he said.

Grand Chief Stewart Phillip of the Union of B.C. Indian Chiefs boycotted a reconciliation ceremony, citing failures of the federal government. Others, including Grand Chief Ed John of the First Nations Summit, used the spotlight to urge the royal couple to push governments for reconciliation.

> **The Royal Family has an important responsibility to tell their servants in government to get moving.**
> Charles Menzies

Menzies pointed out that most First Nations in B.C. have not signed treaties.

“More than two hundred years since Europeans first turned up on these shores, (governments) haven’t really settled this,” he said.

“The Royal Family — in a sense, the official leadership of Canada — has an important responsibility to tell their servants in government to get moving, to deal with the problem.”

Phillip said he believed his “highly respectful decision to politely decline” the invitation to the reconciliation ceremony initiated a very spirited discussion across B.C. and Canada.

When William and Kate arrived in a war canoe to the Haida Gwaii village of Skidegate on Friday, several paddlers were wearing T-shirts that read No LNG.

Some band members dancing for the couple were wearing T-shirts under their traditional regalia reading: No pipelines. No tankers. No problem.

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Sexual Assault on Campus: A Metro Special Focus

From left: Paniz Khosroshahy of McGill University in Montreal, Ellie Ade Kur of the University of Toronto, Glynnis Kirchmeier, alumna of UBC, Tarrah McPherson of Mount St. Vincent University in Halifax and Mandi Gray of York University in Toronto. CALVIN SIT/FOR METRO, EDUARDO LIMA/METRO, DAVID RYDER/FOR METRO, JEFF HARPER/METRO

You don't know these women, but you should. They're members of the most important and organized national effort to fight campus sexual assault. Metro's Rosemary Westwood tells their stories.

The improbable five

Rosemary Westwood
Metro | Toronto

To the casual eye, there was nothing intimidating about them.

The five women, dressed for a midsummer heat wave in tank tops, dresses and short shorts, sat behind fold-out tables and passed around a single mic on a too-short cord.

It could have been any panel discussion, on any topic, on any campus across the country. The room at Ryerson University in Toronto bland and grey. The women, for the most part, were novice public speakers.

But the room was nonetheless gripped. And so, too, should be every university president in Canada.

These five women drawn from across the country, this somewhat unwilling motley crew of survivors and witnesses shut out from justice, this ragtag power group thrust together by rape and assault in a space they though would be safe.

Join The Fight

Canada needs a national plan for campus sexual assault. Tell your story and pressure your MP using **#safercampusnow**

These are the five unlikely women taking on a $40-billion university sector and demanding an end to the ineffective and alienating treatment of sexual-assault victims on campuses — the women who actually stand a chance of winning.

The most nationally known might be Mandi Gray, 28, a PhD student in sociology at York University in Toronto, whose rapist was recently sentenced to 18 months in jail (a conviction he's appealed). She spoke first, in a blend of shy body language and blunt words.

Then there's Paniz Khosroshahy, 20, a swift, staccato-talking third-year women's-studies major at McGill University in Montreal, prone to long tangents.

The poised and eloquent Ellie Ade Kur, 24, a PhD student in geography at the University of Toronto, preferred to stand up and pace, commanding the room like a Ted Talker.

There was Glynnis Kirchmeier, 28, a sharp, pragmatic alumna of the University of British Columbia, now skilled at navigating university bureaucracy.

And, finally Tarrah McPherson, 38, a former student at Mount St. Vincent University in Halifax, a mother of two and the most reluctant public figure of the five.

They had organized this event themselves in early August, calling it "What are Canadian Universities Actually Doing about Sexual Assault?" About 50 people, mostly women in their early 20s, filled a few rows of plastic chairs. It was the culmination of a week-long makeshift conference, where the women and some of their lawyers shared stories, traded legal tactics and began plans for a new, national hub of activism.

The panellists had been drawn to one another over the past few years as their stories hit the news: four women who complained to their school of sexual assault and found their schools wanting; and one woman who witnessed sexual harassment and became an outspoken activist against her school's response. Like a growing number of women, they each chose to go public with their experiences.

> **We're drawing linkages between these cases to demonstrate ... there needs to be oversight.**
> Mandi Gray

But then they went further.

Some started anti-sexual-assault organizations on their campuses. Some filed freedom-of-information requests on their schools' largely curtained bureaucratic processes.

Most significantly, three of them have filed human-rights complaints that could cause profound changes.

Previous known human-rights complaints dealing with campus sexual assault and harassment have centred on arguing that the offences themselves infringed on rights.

But McPherson, Kirchmeier and Gray are each alleging that it's their schools' sexual-assault practices, policies and protocols that discriminate against women — that the very systems supposedly designed to support victims are violating victims' human rights.

It's a unique legal tactic with no known precursor. And if any one of them is successful, it could set the new high bar for how universities handle sexual assault. But the complaints also set out a clear template that women and assault victims could copy, at any university, in any province or territory. The three cases could be just the beginning.

* * *

Gray's case was the first, filed with the Ontario Human Rights Tribunal in June of 2015. It was the culmination of what she described as a "very long battle" with York University after she was raped by a fellow PhD student that January.

"I just wanted to return to campus without having to run into him," Gray told me.

Gray's complaint alleges, among other things, a failure of school policies, a lack of any centralized place to report and get information, a lack of adequately trained staff and a requirement to enter a school-administered tribunal process without her consent. In essence, she says, York discriminates against women in its approach to redressing complaints.

In response, York has defended its support for sexual-assault survivors, including counselling, emergency financial support and housing. It's also in the midst of developing a distinct sexual-assault policy to comply with Ontario's new Bill 132.

But Joanna Birenbaum, Gray's lawyer, told Metro that her client's human-rights complaint demands much more from schools' sexual-assault policies than the new legislation requires.

* * *

Meanwhile, in Halifax, Tarrah McPherson had been facing similar institutional challenges at Mount Saint Vincent University after claiming sexual harassment by a professor. She alleges the school dissuaded her from filing a formal complaint, that support and advice was delayed and that the school did little to help her as she struggled academically. MSVU didn't have a separate sexual-assault policy at the time of her complaint; it has since created one.

"I didn't even know (a human-rights complaint) was an option for me," she said, until she did some research. In looking for precedents, she discovered Gray's case. Months later, in October 2015, McPherson's complaint was accepted by

IN-DEPTH | HUMAN-RIGHTS COMPLAINTS

Three of the five women in this story have made human-rights complaints central to their advocacy.

What are they?
By law, every Canadian has the right to personal security and freedom from discrimination. Anyone who believes their rights have been violated — by their employer, say, or school — can complain to a federal or provincial agency.

How do they work?
If the agency accepts the complaint, there may be attempted mediation or early settlement. If unsuccessful, the matter moves to a court-like tribunal.

What do they accomplish?
Tribunals can set penalties and monetary damages. The decisions also serve as precedents.

Day 1: The power of five

the Nova Scotia Human Rights Commission. Part of her claim asks for the school to improve its sexual-assault policies.

• • •

When Glynnis Kirchmeier, the UBC alumna, heard about Gray's case, it gave her a few ideas. Unlike Gray, she had not experienced sexual violence. But she had played a critical and visible role in excoriating UBC for policies that impacted her fellow students.

She filed a freedom-of-information request first, looking for details on UBC's policies and privacy rules. Then she hired Clea Parfitt, a lawyer with experience litigating against universities. Together, they wrote the complaint as a kind of road map, a detailed account of what both lawyer and client believe a campus should have so as not to discriminate against women. Kirchmeier's complaint — filed in March 2016 to the B.C. Human Rights Tribunal — is also different in its third-party status. Sexual-assault survivors will testify as witnesses, if necessary, but the mere fact of the complaint means it's possible for anyone in B.C. to challenge a university's sexual-assault protocols.

• • •

For all three complaints, this fall will be pivotal.

On Oct. 24, Kirchmeier's case will enter mediation in B.C., where lawyers, UBC administrators and Kirchmeier will sit down to figure out if a deal can be struck without further litigation. (UBC wouldn't comment on specifics, beyond its participation in the process.) If that fails, the next step is to schedule a hearing.

Sometime in November, Gray's case is expected to enter a similar process. Nova Scotia's Human Rights Commission is investigating McPherson's case, and the decision about whether to move forward to a board of inquiry is expected in the coming months. (Mount Saint Vincent University did not comment on the case but will "comply fully with any investigative process.")

But the larger political project, as Gray describes it, lies in this new national network the women are forming: "We're drawing the linkages between these cases to demonstrate this is, in fact, a systemic-level issue and there needs to be some kind of oversight, an external body to hold these universities accountable."

When Paniz Khosroshahy was raped by a fellow McGill University student in Sept. 2014, she felt the lack of just such a group.

"I had no idea what was going on in other schools because there's no centralized group that's sharing all this information," she said. "That's one of the problems we want to hopefully address." She envisions a website that shares stories and educates students on the laws in their provinces.

For Ellie Ade Kur, who was sexually assaulted while an undergraduate at the University of Toronto, grassroots community organizing holds the best hope — more than revised policies or legislation — of giving sexual-assault survivors the support they need.

At that first national meeting, that hot summer evening, the women had few kind words for consent education, the posters, buttons and campaigns that swept across university campuses last month.

Gray dubbed it "the fetishization of consent education," an easy PR tactic far less expensive and time consuming than creating a comprehensive response to sexual assault.

"My attacker knew what consent was," Gray said, as the panel was winding down.

"I don't need a hashtag," Ade Kur said. "I need help."

The plan

Mandi, Tarrah, Glynnis, Ellie and Paniz have only met once face-to-face. But from separate parts of the country, they're coordinating a national movement.

1. Going public. All five are putting their names and reputations on the line, speaking to media to grow awareness.

2. Telling their stories. Khosroshahy has written columns about her assault. Gray blogs and is making a documentary.

3. FOIA requests. Using access-to-information laws, the women have requested their policies and correspondence.

4. National organization. They envision an online portal with legal info, survivor resources and advocacy.

5. Human-rights claims. By alleging school policies infringe rights on the basis of gender, and by demanding remedies, the women provide a road map to advocates.

About the series

Mon. | The power of five
The most organized and important Canada-wide effort to combat campus sexual assault comes not from the RCMP or Justice Department but from an unlikely crew of five normal young women from across the country.

Tues. | A federal vacuum
The problem is national, but solutions have been regional and parochial.

Wed. | The U.S. example
The U.S.'s federal anti-discrimination laws and directives from the White House combine to create more rigorous requirements for American post-secondary schools to protect students.

Thurs. | Dearth of data
There is no national database on campus sexual violence. We don't know how big the problem is because no one is incentivized to find out.

Fri. | The way ahead
We have a problem; we need a plan.

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W-18 was designed as a non-addictive painkiller. It was never developed for public use, yet someone is manufacturing it. CONTRIBUTED

New threat on streets

HEALTH

Officials fear dangerous W-18 drug may take fentanyl's place

As Canada struggles with a deadly epidemic linked to the powerful painkiller fentanyl, a new and potentially more lethal threat is already emerging.

Invented in a University of Alberta laboratory in 1981, the drug known as W-18 was designed as a non-addictive painkiller. It was patented but never developed by pharmaceutical companies for public use, yet someone is manufacturing it.

When the drug was patented, testing on mice showed it was 10,000 times more powerful than morphine, according to Health Canada.

"This suggests a potentially severe risk for harm to individuals," the agency warned this summer in passing regulations that will soon make W-18 a Schedule 1 drug under the Controlled Drug and Substances Act, along with the likes of heroin and cocaine.

Health Canada noted there was "limited scientific information" available about the drug though more testing is underway.

Despite the risks, W-18 is showing up with more frequency in police drug hauls, according to Health Canada figures.

In 2015, there were just three drug seizures by Canadian police that tested positive for W-18 at Health Canada laboratories.

So far in 2016 there have been more than 30 positive tests — for an average of more than three times a month, according to Health Canada. Fifteen cases occurred in British Columbia and 14 in Alberta.

> **This suggests a potentially severe risk for harm to individuals.**
> Health Canada

But the drug has also started showing up in Ontario, where W-18 has been detected on two occasions so far this year. Both cases involved drug seizures made by the Greater Sudbury Police.

One resulted in three men — from Sudbury, Toronto and Manitoulin Island — being arrested May 12, according to a spokesperson for the force.

The emergence of W-18 and other obscure synthetic drugs is due to the squeeze by law enforcement on more prominent or easily accessible drugs, police say.

An RCMP intelligence report published this month attributed the rise in fentanyl use, and the record number of deaths and overdoses, to the removal of the painkiller OxyContin from the market in 2012.

As law enforcement now clamps down on fentanyl production, W-18 is considered to be "at the high end of the threat spectrum" to take its place, the report said.

British Columbia has declared a health emergency over the fentanyl crisis, and there is pressure to do the same in Alberta. The Quebec government has been asked to better control prescriptions of opioid painkillers for fear of being swept up in the deadly drug wave.

TORSTAR NEWS SERVICE

MILITARY

Afghan mission leaders star in new art exhibit

They were the public faces of Canada in the Afghan war. Now an exhibit of those who led the mission is on display at the Military Museums in Calgary. "The Art of Command: Portraits and Posters from Canada's Afghan Mission" is by Toronto war artist Gertrude Kearns and examines the roles of some highly ranked individuals who fought and commanded in Afghanistan, with 18 individuals featured in the exhibit. THE CANADIAN PRESS

Indigenous court first for Canada

The Mohawk band council of Akwesasne has introduced what is considered the first indigenous legal system in Canada outside a federal framework.

While First Nations band councils have been passing and enforcing legislation on reserves across the country for decades, those bylaws are either tied to the Indian Act or within a self-governance agreement with the federal government. What's special about the new court law passed by the council of Akwesasne is that it was drafted by the community.

"It's a historical moment. It's the first in Canada," said Joyce King, director of justice in Akwesasne.

Justices and prosecutors must enforce 32 laws that cover civil matters including tobacco regulations, sanitation, elections, property and wildlife conservation. Criminal matters are still settled outside the territory, in federal or provincial courts.

Akwesasne's council decided to mix aspects of Canada's justice system with Mohawk values, such as considering the talents of the offending party and using them to benefit the community.

For example, if someone spraypaints graffiti on a school wall and the offender is a great lacrosse player, the law stipulates the person can be ordered to teach students how to play the sport.

"It's not just looking at penalizing," said Bonnie Cole, Akwesasne's sole permanent prosecutor. "That's old thinking — that's outside thinking.

"This law looks at the person, what offence they committed and how they can restore balance between the (offender), the victim, and the community as well."

Women also play a big role: The director, public prosecutor and the territory's two justices are women. THE CANADIAN PRESS

Military calling on rebels to surrender

SYRIA

UN says Aleppo health services have been 'all but obliterated'

Syrian volunteers carry an injured person on a stretcher following Syrian government forces airstrikes on the rebel held neighbourhood of Heluk in Aleppo, on Sept. 30. AFP/GETTY IMAGES

Syrian rebels and pro-government forces clashed Sunday on several fronts around Aleppo as the country's military command called on militants to lay down their weapons and evacuate the contested city.

A day after pro-government forces captured the strategic al-Shuqeef hill north of the city, the Britain-based Syrian Observatory for Human Rights monitoring group reported fierce fighting in areas near the hill and in the Bustan al-Basha neighbourhood.

The two sides also clashed in Aleppo's southern Sheikh Saeed neighbourhood.

The government's attempt to penetrate Aleppo's opposition-held eastern side has been accompanied by a relentless campaign of airstrikes by Russian and Syrian warplanes.

President Bashar Assad's forces are depending on the Russia bombardment and Iran-backed militias for support.

A spokesman for the Nour el-Din el-Zinki rebel faction told The Associated Press that foreign fighters were actively participating in the government's ground campaign. He said rebels could identify Lebanese and Iraqi militias by their flags.

An airstrike, meanwhile, targeted a rebel headquarter near the central city of Hama, killing at least six militants, the Observatory said.

The UN's humanitarian chief, Stephen O'Brien, reported that eastern Aleppo's health system has been "all but obliterated" by shelling and bombardment.

"Medical facilities are being hit one by one," O'Brien said in a statement that called for a 48-hour humanitarian pause to the fighting each week. The UN estimates 275,000 people are trapped by the government siege.

"We are in a race against time to protect and save civilians in eastern Aleppo city. They need our urgent action to bring an end to their living hell," O'Brien said.

> **We are in a race against time to protect and save civilians.**
> Stephen O'Brien

One of Aleppo's largest hospitals, located in the eastern Sakhour neighbourhood, was knocked out of service Saturday by the airstrikes, doctors and activists reported.

The Syrian military command said in a statement on state media that government forces would guarantee gunmen safe passage out of opposition-held neighbourhoods.

Russia announced a month ago that the Syrian government would give safe passage to civilians wanting to leave eastern Aleppo. Few have accepted the offer. The UN says at least 320 civilians have been killed since the government announced its offensive Sept. 22.

THE ASSOCIATED PRESS

COLOMBIA

Peace deal threatened after referendum

Colombia's peace deal with leftist rebels seemed headed to defeat as voters appeared to have rejected the deal with FARC rebels by a razor-thin margin in Sunday's referendum, less than a week after it was signed in front of heads of states. President Juan Manuel Santos said he will leave in place a ceasefire with the rebels, whose leader reiterated Sunday his group's willingness to continue working toward peace. THE ASSOCIATED PRESS

EGYPT

Call for virginity tests draws ire

A women's rights group has filed a legal complaint against an Egyptian lawmaker who called for mandatory virginity tests for women seeking university admission, the Al-Masry Al-Youm newspaper reported Sunday.

It quoted Maya Morsi, head of the state-sanctioned National Council for Women, as saying the complaint demands the expulsion from parliament of Ilhami Agena and a criminal investigation into his actions. She said the lawmaker was harming the reputation of Egyptian women, men and the country itself.

Agena said in an interview last week that virginity tests were needed to combat the proliferation of informal marriages, known as "gawaz orfy," between students. Virtually expense free, such marriages have become more popular in recent years because of high youth unemployment and a shortage of affordable housing.

The gawaz orfy is widely viewed as a religiously sanctioned way of having premarital sex, a taboo in mostly conservative and majority Muslim Egypt. Muslim clerics have spoken out against such marriages.

In Egypt, as in other conservative, Muslim countries, a young woman's virginity is widely seen as a matter of family honour, the loss of which could prevent her from getting married.

The military was alleged to have conducted virginity tests on 19 women arrested after troops violently broke up a protest in Cairo's Tahrir Square in March 2011, shortly after long-time President Hosni Mubarak resigned. Three months later, Amnesty International said Egypt's then-military rulers acknowledged carrying out the tests to protect the army from rape allegations. They pledged not to conduct the tests again, according to the London-based rights group. THE ASSOCIATED PRESS

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URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

How do I make my married friend stop asking me whether I'm seeing anyone?

Dear Ellen,

I was out with a friend who is married. I really like her, and even though we only see each other a few times a year, we always have lots to talk about, except that she always asks if I'm seeing anyone, which makes me feel bad. I feel like she is judging me, or like I'm disappointing her. But I'm afraid to say anything in case I sound defensive. How do I politely get her to stop asking me this question all the time?

Signed,
Single Lady

Dear Single,

A good marriage is a blessing. Who wouldn't want to go through life shoulder to shoulder with a trusted ally whose love and support heightens every joy and softens every blow? Many single people desperately yearn to have this someday. As do many married people.

I'm always suspicious when marrieds persistently check up on everyone else's relationship status — the phrase "misery loves company" springs to mind. In my experience, people who are happily married don't care whether anyone else is or not. They don't need to constantly monitor your progress, or lack thereof, toward coupledom in order to feel better about their own coupled-unto-death existence.

Whatever their motivation, you have every right to feel affronted, because it's rude. Even in the olden days, when marriage was mindlessly accepted as the only acceptable outcome, asking whether you're paired with anyone would have been inappropriate. Nowadays, with marriage reduced to a half-normal proposition, it's even more presumptuous and inappropriate.

You have every right to feel affronted, because it's rude.

Some people ask out of crass ignorance. They don't realize that wanting to know if you're "seeing someone" is basically asking, "Ya gettin' any?" One way to handle this is to answer, "No, not at the moment, but since we're on the subject, what about you? Are you and your partner having sex these days? I hear a lot of married people get bored with their sex lives, and I guess having children really kills it." If they take offence at this, simply tell them: "Gosh, I'm so sorry, but I'm only asking because I care about you and I want you to be as happy as I am with my insanely good, unmarried sex life!"

Worse than crass, but more to be pitied, are the unhappily married people who ask out of a subconscious need to be validated. These are the people who go though life doubting their own choices, while fearing and despising anyone who makes different choices (and being single is just as much a choice as getting or staying married; anyone with a pulse and Internet access can be in a relationship if they really want to be).

In other words, if you feel your friend is "judging" you, or that your single state is "disappointing" her, you're probably right. Chances are, she needs everyone to be — or at least want to be — married like her. You could broach it with her if you want a deeper, more honest relationship. Otherwise, let her have it. For her, pretending it's better, or luckier, or smarter to be married, and being able to lord it over poor pathetic unmarried you, might be the only thing keeping her warm at night.

Need advice?
Email Ellen:
scene@metronews.ca

Sunny ways carry a whiff of Harper days

Thomas Walkom

When Justin Trudeau's Liberals won last year's election, many Canadians were ecstatic.

Compared to outgoing PM Stephen Harper, Trudeau seemed — to these voters at least — a breath of fresh air.

The working assumption was that things would be done differently in Ottawa. As it turned out, some things were very different.

The new Liberal government negotiated a deal with the provinces to expand the Canada Pension Plan, something the Harper Conservatives were dead-set against. It also replaced Harper's universal baby bonus with one targeted to income.

It established the inquiry into murdered and missing indigenous women that Harper refused to set up. It reduced the eligibility age for full old-age security back down to 65.

But in key areas, Harperism remains.

The country got a taste of that last week when Ottawa approved a liquefied natural gas plant on British Columbia's Pacific coast, as well as a pipeline to that plant.

It was the same decision Harper would have made. And it angered the same critics.

Environmentalists pointed to the massive increase in carbon emissions that will result from the decision. Some First Nations said it will destroy the local fish habitat.

Like Harper, the new prime minister is willing to sacrifice environmental and aboriginal concerns to get things done.

Like Harper, they have relied on the provinces to curb climate change. Unlike Harper, they are talking of setting a national carbon price. But they have given no hint as to whether this national price will reduce emissions sufficiently to allow them to meet their targets.

In fact, unless any new national carbon price is higher than those already in use by Ontario, Quebec, Alberta and B.C., it won't suffice.

On terrorism and national security, the new government is resolutely Harperesque.

The Liberals promised to roll back elements of Bill C-51, Harper's addition to anti-terror laws. But so far they have done no such thing.

In fact, as Canada's privacy commissioner has noted, under the Liberals, security services are using some of the new powers apace.

Militarily, the Trudeau government kept its promise to remove Canada's fighter planes from the war in Iraq. But it compensated by tripling the number of Canadian military advisers who are on the ground in that war.

The means may differ from those employed by Harper. But the aim is unchanged.

On it goes.

The economy? Harper preached pipelines, free trade deals and foreign investment. So does Trudeau. The two have differed, though, on which pipelines to back.

They may have disagreed on when to run deficits, but both were willing to put government finances in the red in order to boost economic growth.

None of this is to suggest that Trudeau's Liberal government is identical to that of Conservative Harper. It is not.

But there is a remarkable continuity.

Thomas Walkom is a national columnist for the Toronto Star.

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New York Review of Books has published a piece that claims to reveal the identity of Elena Ferrante, prompting outrage on Twitter. "Surprised at how angry I feel about @NYBooks' unmasking of Elena Ferrante. Esp its 'justification' that her success made it 'inevitable,' tweeted author Jojo Moyes

A double scoop of social justice

INTERVIEW

Jerry Greenfield on the reasons Ben & Jerry's gets political

Liz Brown
Metro | Canada

Jerry Greenfield is well aware of the power of a scoop of ice cream.

After greeting me with a giant bear hug, the co-founder of Ben & Jerry's sets about scooping up free cups of his chocolate chip cookie dough flavour for a crowd of students before settling down to discuss the real reason he's in Toronto: climate change.

Greenfield was participating in a forum last week as part of the Enactus World Cup — an event that brought students and business leaders from around the globe together to talk about how entrepreneurship can fuel social change.

It was a crafty move to offer free treats to hungry conference attendees, perhaps even an attempt to sweeten up the people who may ask hard questions.

Indeed, after indulging, I feel a bit hypocritical pointing out his company's own carbon footprint — but I forge ahead, because nearly 15 per cent of the world's global greenhouse gases come from livestock (and the dairy cattle that produce his brand's ice cream). It's a point that needs to be addressed.

"It's interesting, when we did our analysis, we found that 42 per cent of our (CO2) impact is through dairy," he concedes.

But Ben & Jerry's has been leading the way with new technology in an effort to slash their greenhouse emissions by 80 per cent by 2020. This includes purchasing 100 per cent of its electricity from renewable sources for all its U.S. sites and using a machine nicknamed the Chunkinator at its factory in the Netherlands, which transforms ice cream byproducts into energy.

"We're not on track," admits Ben & Jerry's PR director Sean Greenwood, when asked how close they are to meeting that 2020 goal. "But that's the exciting part of it, there are renewable energy technologies being developed every day that are going to help us meet that goal."

Upon cursory examination, this all seems like another corporate feel-good mission, except it's coming from Greenfield — a guy who earlier this year was arrested for 'unlawful demonstration activities' at the U.S. Capitol, along with his sidekick Ben Cohen.

In April, they joined 300 other protesters as part of the Democracy Awakening movement to protect voting rights, reduce corporate influence on politics and ask for action on climate change, and workers' rights.

"There's not enough social justice in this world," says Greenfield when asked why he's been so vocal about so many issues.

For him, climate change is the greatest social issue of all because of the impact it has on the world's poorest nations, who depend more heavily on weather conditions for their livelihoods and successful agriculture.

"We strongly felt at Ben & Jerry's that if we were going to be involved in making this product that has such a heavy impact, we need to do whatever we can to minimize those impacts," he says.

Ben & Jerry's, which started and has its headquarters in Vermont, has always had an activist streak. In the 1980s they took a position on U.S. military spending, pushing the government to take money out of the Pentagon budget and use it for more 'human' needs like education and health care.

More recently, both Ben & Jerry were vocal in their support of Bernie Sanders' run for the Democratic nomination, with Ben even coming up with a special flavour — Bernie's Yearning — a 99 per cent vanilla flavour with a one per cent hard chocolate top.

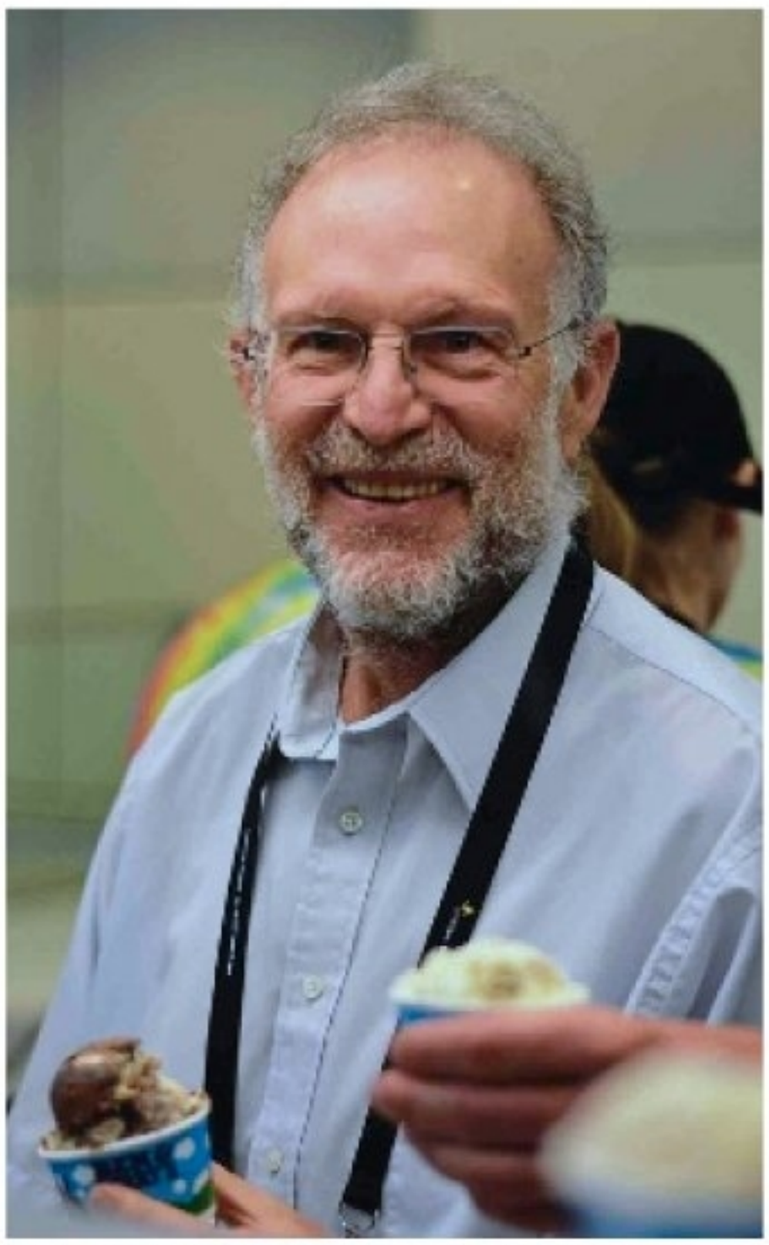
"It was NOT a Ben & Jerry's flavour," clarifies Greenfield. "But it was part of the Ben's Best Line of Flavours, which contains only one flavour. This one."

When asked if the pair would ever consider making a custom flavour for Hillary Clinton or Donald Trump, Greenfield shakes his head. "Don't hold your breath."

But back on the topic of being an activist businessman: "What ice cream really helps with is that it's allowed Ben & Jerry's to talk about pretty serious, divisive issues, but to do it in a way that is lighthearted, and over sharing ice cream together."

"It opens up people's hearts to be eating ice cream. Particularly if it's free," he says, laughing.

And once he has the people sweetened up — "they'll be willing to consider social justice."



Jerry Greenfield scoops ice cream for attendees at the Enactus World Cup in Toronto last week. LIZ BROWN/METRO

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JOHANNA SCHNELLER WHAT I'M WATCHING

Playing cyborg an actor's dream

THE SHOW: Westworld, Season 1, Episode 4 (HBO)
THE MOMENT: Playing cyborg

Deep inside the hyper-realistic Westworld theme park, cyborg programmer Bernard (Jeffrey Wright) runs a diagnostic test on lifelike android Dolores (Evan Rachel Wood). Guests pay $40K per day to rape and murder the robots, who are then rebuilt, their memories wiped. But Dolores is beginning to remember.

"What happened to your parents?" Bernard asks.

Dolores hyperventilates, cries. "Reduce emotional affect," Bernard orders.

Dolores's face and voice fall. "They were killed," she says flatly.

"I can make your pain go away," Bernard says.

"The pain is all I have left of them," Dolores says. "You think grief will make you smaller inside, but it doesn't. I feel spaces opening in me, like rooms I've never explored."

"Did we write that for you?" he asks.

"I adapted it from a scripted dialog about love," she replies.

Westworld is full of complex ideas, written smoothly into the characters and plots: Playing God makes one insane. Violent delights have violent ends. It's heady stuff, often horribly sad.

But man, it must be a hoot to play a cyborg. Wood, James Marsden (cowboy) and Thandie Newton (whorehouse madam) play the lead robots, but there are literally scores of others, often naked, often blown apart by the guests. (It looks fantastic — production costs must be staggering.)

Evan Rachel Wood plays an android in Westworld. CONTRIBUTED

What could be better for a thesp than toggling between programmed character and blank slate; than playing multiple death scenes, love scenes, scenes of bravery and fear? Westworld is a fever dream about how precarious civilization is. It's an actor's dream, too.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Atwell trades Agent Carter for Conviction

TELEVISION

Actor relishes transition to antihero from superhero

After only months off TV, Hayley Atwell has a new starring role this fall — and fans might marvel at the transition.

Atwell is best-known for portraying the altruistic postwar do-gooder (and Captain America's doomed paramour) Peggy Carter across Marvel's many squeaky-clean Avengers properties, including the lamentably cancelled Agent Carter.

It was a Hulk-worthy leap from that to her new role: a troubled former first daughter who takes a job trying to help innocent prisoners, only to evade a cocaine charge on Conviction, premiering Monday on CTV.

And she relished making the transition from superhero to antihero. "It's almost like Chelsea Clinton has been hanging out with Lindsay Lohan," she mused about her prickly character.

Days before the show's launch, Atwell sat down for a chat with Torstar News Service.

I can't think of many network shows that reference the protagonist doing cocaine.
It's one of the things that was so appealing to me in playing her. I thought it was quite bold of a network to open with that, and it progresses in every script we've done since.

Is there social commentary in a show about the flaws of the legal system?
We just did an episode that was originally titled "Black Lives Matter"; that is very much the focus point of the case of that episode, and brilliantly so. We don't just want people to watch Conviction before they go to bed to help them sleep. It'll engage with them and make them want to have conversations with each other about what's happening.

Are there any legal procedurals you've especially liked?
I'm really weird. I don't have a television. I only watch shows that are five years old because enough people I love and respect convinced me to watch them. Myself, I like avant-garde theatre in the U.K. — the work of Ivo van Hove and Rob Icke and Simon Stone. I read weird books or poetry.

TORSTAR NEWS SERVICE

Hayley Atwell plays a troubled former first daughter in Conviction, premiering Monday on CTV. CONTRIBUTED

5 BEST MONEY-SAVING TIPS FROM GAIL VAZ-OXLADE

As we head into the holiday shopping season, money is top of mind for many. Metro's editors selected their favourite pieces of advice from recent **Gail Vaz-Oxlade** columns to inspire financial health in the months ahead.

1 Teach kids about 'marketing magic'

Children can't differentiate between what's real and what's marketing magic. You actually have to teach your kids that advertising exists to sell products, that special effects can exaggerate a product's operation, and that the ads don't always include all the information.

2 Host clothing swaps

Looking for a way to get some "new" in your life without dropping big bucks? Why not hold a "new-to-you" party? Get together with some friends and exchange what they have for what you have. In the old days these were called Swap Parties; all kinds of things can be swapped.

3 Review statements

It's not enough to pay your bill. Compare the charges that come through on your statement with those you noted in your spending journal; that's the only way you'll know if you've been overcharged, if your account has been fraudulently used, or if you've been charged in error.

4 Stay out of the stores

Staying out of the stores is a good way to battle emotional spending. Breathing alleviates stress, and it's free. So does walking, singing, watching a funny video, and myriad other stress-busters that don't involve spending money.

5 Thrifty not cheap

If you've been erroneously associating thrift with being cheap, perhaps it's time to reorient your thinking. It isn't about being stingy. It's about building prosperity through the careful management of resources

The secret shame of the middle class

PERSONAL FINANCE

Most people don't talk about their money stress

Millions of adults don't have savings to cover a $400 emergency, but they don't talk about it, according to a new book by Neal Gabler. ISTOCK

Writer Neal Gabler broke the don't-talk-about-money taboo with an Atlantic article, The Secret Shame of Middle-Class Americans.

"The idea of not being successful financially in America is such a stigma," says Gabler, who revealed in the article that he was among the millions of adults who didn't have savings to cover a $400 emergency. "That's the reason people don't talk about it, because they take their failure personally."

Yet financial stress is epidemic. Nearly three-quarters of U.S. adults admitted feeling stressed about money, and 22 per cent reported extreme stress in a 2015 study commissioned by the American Psychological Association, "Stress in America: Paying With Our Health".

Despite its pervasiveness, most people don't disclose the financial pressures they face. In a study commissioned by Umpqua Bank, 77 per cent of respondents said they didn't talk about their money stress, often because they were embarrassed or ashamed or thought no one would understand.

"Yet, of that 23 per cent of folks who did talk about it, 70 per cent of them felt better after doing so," says Eve Callahan, Umpqua's executive vice-president of corporate communications.

Research by James W. Pennebaker of the University of Texas at Austin and others found that talking or writing about traumatic events can alleviate distress, improve immune function and lead to better health.

Even a small amount of savings can help people weather shocks. THE ASSOCIATED PRESS

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The Philadelphia 76ers gave no timetable for the return of No. 1 pick Ben Simmons who will likely need surgery for a broken bone in his right foot

Left out of the playoffs

MLS

Caps officially ousted from post-season contention

Brad Evans scored on a penalty in the 81st minute as the Seattle Sounders beat the Vancouver Whitecaps 2-1 on Sunday in a heated game that saw both teams finish with just 10 players on the pitch.

With the loss, the Whitecaps were officially eliminated from playoff contention in Major League Soccer.

Evans, who was subbed on in the second half, won the penalty after his cross struck the arm of sliding Vancouver defender Jordan Harvey in the Whitecaps' box. He then stepped up to the spot and buried his first of the season into the middle of the net past keeper David Ousted.

But Evans was then sent off in the 84th minute for what appeared to be an attempted head butt on Whitecaps defender David Edgar.

Pedro Morales, who was also shown a red card, scored on a penalty in the 25th minute for Vancouver (9-15-8) before Osvaldo Alonso equalized for Seattle (13-13-5) in the 39th.

The Sounders won their fourth straight game and occupy the second-last playoff spot in the Western Conference.

With the score tied 1-1, Morales was shown a straight red by referee Ricardo Salazar in the 53rd minute for an elbow to the head/throat area of Sounders midfielder Cristian Roldan. Television replays showed that Morales did make contact with Roldan, but it appeared to be light.

The Whitecaps and the crowd of 24,837 at BC Place Stadium were left stunned by the call, with Vancouver head coach Carl Robinson screaming at Salazar from the sidelines.

The Whitecaps fell to 1-7-4 over their last 12 matches in MLS, and haven't won at home since mid-July.

Sounders midfielder Nicolas Lodeiro, who has three goals and eight assists in 10 games since joining Seattle in July as a designated player from Argentina's Boca Juniors, missed the match because of yellow card accumulation, while Whitecaps defender Kendall Waston also sat out after being sent off in last Saturday's 3-3 draw with Colorado.

Seattle forward Clint Dempsey, meanwhile, has been shut down for the remainder of the season due to an irregular heartbeat.

The Whitecaps don't play again until Oct. 16 at home against San Jose before wrapping up the regular season at home on Oct. 23 against Portland. THE CANADIAN PRESS

Osvaldo Alonso of the Sounders scores against Whitecaps goalkeeper David Ousted on Sunday. BEN NELMS/THE CANADIAN PRESS

SUNDAY At BC Place

2	1
SOUNDERS	WHITECAPS

RYDER CUP

U.S. back on top after rout

This wasn't about being maybe the best team ever assembled. The Americans were simply a team, and they finally won back the Ryder Cup.

Phil Mickelson led the Americans behind the scenes. Patrick Reed powered them with his passion on the golf course. And it was Ryan Moore, the final captain's pick who wasn't even on the team until a week ago Sunday, who delivered the cup-clinching point in the 17-11 victory at Hazeltine.

2008

The last time the U.S. had won the Ryder Cup.

Moore finished eagle-birdie-par for a 1-up victory over Lee Westwood, and the celebration was on.

"When put in the right environment, the U.S. team brought out some amazing golf," Mickelson said. "And we're bringing back the Ryder Cup because of it."

There was no meltdown like Medinah four years ago, when the Americans blew a 10-6 lead under captain Davis Love III.

Europe never really had a chance.

Reed outduelled and outshouted Rory McIlroy for a 1-up victory, and by then the back end of the scoreboard was filled with American red. THE ASSOCIATED PRESS

NHL

Canucks take one on the chin in OT

Matt Nieto scored his second goal of the game in overtime as the San Jose Sharks defeated the Vancouver Canucks 3-2 on Sunday in NHL pre-season action at Rogers Arena.

Kevin Labanc also scored for the Sharks (3-0-0), who stayed undefeated in exhibition play.

Anton Rodin and Tuomo Ruutu scored in regulation for Vancouver (1-1-2).

Martin Jones stopped 26 shots for San Jose. Canucks goalie Ryan Miller finished with 18 saves.

The Canucks' Derek Dorsett and the Sharks' Alex Gallant drop the gloves.
DARRYL DYCK/THE CANADIAN PRESS

Vancouver's next pre-season game is Monday at home to Arizona. THE CANADIAN PRESS

IN BRIEF

Ricciardo wins, Rosberg builds lead in Kuala Lumpur

Daniel Ricciardo led a one-two finish for the Red Bull team at the Malaysian Grand Prix on Sunday while third-place finisher Nico Rosberg extended his Formula One championship lead after Mercedes teammate and title rival Lewis Hamilton suffered an engine failure while leading the race.

Rosberg is now 23 points clear in the standings.

Max Verstappen placed second. THE ASSOCIATED PRESS

Bills run over Patriots

Buffalo took advantage of sloppy, Tom Brady-less New England to hand the Patriots their first home shutout at Gillette Stadium, winning 16-0 Sunday.

It was the first loss of the season for New England (3-1), which was playing its final game before Brady returns from his four-game "Deflategate" suspension.

Tyrod Taylor connected with LeSean McCoy for a seven-yard touchdown pass for the Bills (2-2).
THE ASSOCIATED PRESS

NFL

Wilson throws for 3 TDs on bum knee

Russell Wilson's efficient arm certainly made up for his banged-up knee.

The Seattle quarterback was sharp despite playing with a sprained medial collateral ligament in his left knee, throwing three touchdown passes in the Seahawks' 27-17 victory over the New York Jets on Sunday.

"I thought it was a sterling effort by the quarterback," Seahawks coach Pete Carroll said. "Everybody was wondering and questioning what was going to happen and how he would be able to do it. He just did it. This is the best he's looked in the last few weeks." THE ASSOCIATED PRESS

Russell Wilson GETTY IMAGES

NBA

Raptors stand arm in arm for anthems

True to their word, the Toronto Raptors took a stand on Saturday by locking arms during the national anthems prior to a preseason game against the Golden State Warriors.

Players and staff stood arm in arm during both the Star-Spangled Banner and O Canada at Vancouver's Rogers Arena, with some bowing their heads.

> **If we can help in any type of way in a positive way ... that's beneficial.**
> DeMar DeRozan

The Raptors said earlier this week that they planned to join the growing chorus of professional athletes speaking out against police brutality and racial injustice in the United States.

The Raptors won the game 97-93. "I told our players, understand why you're doing it," said Toronto head coach Dwane Casey. "It's not against the military, it's not against the flag, it's not against the country. It's their feelings on social injustice."

Raptors guard DeMar DeRozan said they were in a unique position because the team is based in Canada and its roster has a number of international players. "We have guys who are not from America," he said. "They go through their own problems in their own country, or whatever the case may be." THE CANADIAN PRESS

IN BRIEF

Athletics edge Mariners

Stephen Vogt hit his 14th home run in the first inning on the only pitch that he saw on the final day of the season and the Oakland Athletics held on for a 3-2 win over the Seattle Mariners on Sunday.

Seattle's post-season hopes were dashed in Saturday's extra-innings loss to the A's. Felix Hernandez (11-8) was lifted after the third inning and Guillermo Heredia's two-run double in the fifth amounted to all of Seattle's offence.

THE ASSOCIATED PRESS

Man City's perfect start to season ends away to Spurs

Tottenham ended Pep Guardiola's perfect Premier League start with Manchester City with an impressive 2-0 victory on Sunday that left the London club as the only unbeaten side.

Far from suffering a hangover after last season's title-challenge collapse, the Spurs are enjoying their best-ever start since 1960-61 when they last won the top flight.

THE ASSOCIATED PRESS

Jays drive wild ride into the playoffs

MLB

Toronto clinches berth in one-game battle with O's

Aaron Sanchez said he didn't know — and didn't care — that the Blue Jays had already clinched a spot in baseball's post-season.

Toronto still had a chance to host the AL wild-card game, and Sanchez wanted the win.

"I wasn't ready to go home," he said after the Blue Jays beat the Boston Red Sox 2-1 in the regular-season finale on Sunday to claim the AL's top wild-card berth. "For it to come down to (Game) 162, and me being out there ... there was a lot at stake in that game. And it was in my hands."

Sanchez took a no-hitter into the seventh, and Troy Tulowitzki singled to break an eighth-inning tie. Roberto Osuna retired David Ortiz on a weak nubber in front of the plate on the final regular season at-bat of his career, and then got Jackie Bradley Jr. on a groundout with two on to finish the game.

The Blue Jays had a muted celebration on the field, then popped champagne in the visitor's clubhouse at Fenway Park.

"I'm (usually) straight-faced," Tulowitzki said. "But that was fun out there."

Jose Bautista sprays Michael Saunders with champagne after the Blue Jays clinched a wild-card berth on Sunday in Boston. MADDIE MEYER/GETTY IMAGES

SUNDAY In Boston

BLUE JAYS	RED SOX
2	1

Toronto clinched a spot in the post-season when Detroit lost to Atlanta 1-0 earlier Sunday evening. With their win in Boston, the Blue Jays earned the right to host the Baltimore Orioles in a one-game playoff on Tuesday.

The Red Sox will start their AL Division Series against the Indians on Thursday in Cleveland.

"We've been able to win on the road and that's where our playoff journey begins," Boston manager John Farrell said.

Pitching with Jose Fernandez's initials on his hat in tribute to the Marlins pitcher who died last week, Sanchez held Boston hitless until Hanley Ramirez's disputed home run with two outs in the seventh. The ball sailed over the foul pole above the Green Monster.

Sanchez tried to wave the ball foul and then yelled to the umpire, "No way!" But the replay upheld the original call.

Xander Bogaerts followed with a single — the only other hit allowed by Sanchez, who lowered his ERA to 3.00 and clinched the AL title. In all, Sanchez (15-2) allowed one run, walking two, striking out six and hitting a batter. THE ASSOCIATED PRESS

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RECIPE Chinese 5-Spice Chicken Tray Bake

PHOTO: LEILA ASHTARI

Ceri Marsh & Laura Keogh
For Metro Canada

This tray bake is next level deliciousness with warm and fragrant Chinese 5-Spice.

Ready in 20 minutes
Prep time: 1 hour
Cook time: 20 minutes
Serves 4

Ingredients
- 3 Tbsp olive oil, plus extra for onions
- 4 - 5 garlic cloves, pressed
- 1 Tbsp rice vinegar
- 1 Tbsp brown sugar
- 1 tsp Chinese 5-spice
- 1/2 tsp salt
- 6 large skinless, boneless chicken thighs
- 2 onions, peeled and sliced
- 1 tsp fresh chopped cilantro

Directions

1. Combine olive oil, garlic, rice vinegar, brown sugar, 5-spice and salt in a large resealable plastic bag. Add chicken thighs; seal and coat chicken with sauce. Chill at least 1 hour or overnight.

2. Preheat oven to 400. Slice and coat onion in a bit of olive oil. Spray baking sheet with non-stick cooking spray. Scatter onion slices on baking sheet.

3. Remove chicken from refrigerator and arrange on top of onion. Roast until chicken is cooked through, about 20 minutes.

4. Remove tray from oven and let cool for a few minutes. Sprinkle chicken and onion with cilantro and serve warm.

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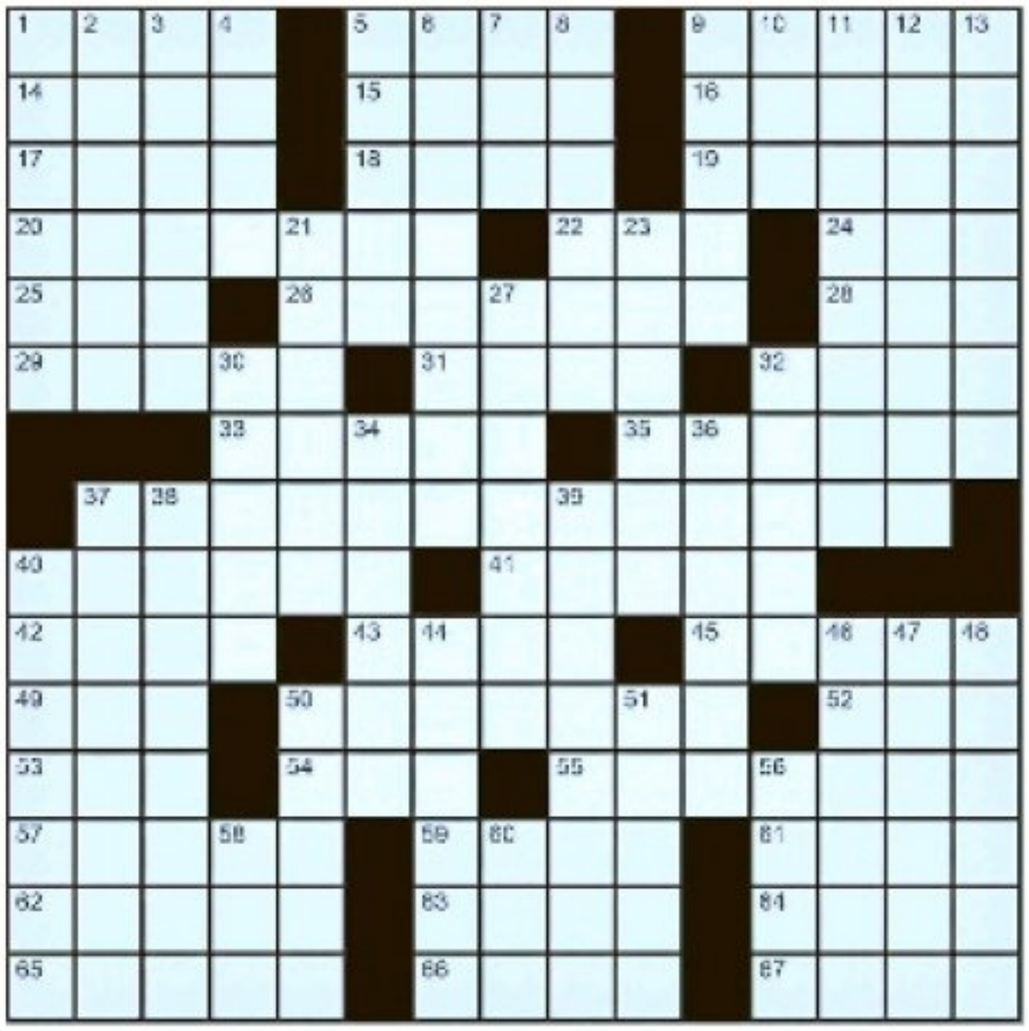
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Ben Affleck movie
5. From way off
9. Cry-ily complain
14. Gradually withdraw
15. Capital of Latvia
16. Macho guy
17. Border on
18. Army _ (Military kid)
19. Enter the data
20. Late Baroque: Ornate styles of the 18th-century
22. Suppositions
24. "R.O.C.K. in the _-_-_" by John Mellencamp
25. Expression for Homer Simpson
26. Gallery's draw
28. Agnus _ (Lamb of God)
29. After-showering mist
31. Five-star
32. Sharon of "Boston Public"
33. Myrrh, for example
35. Slopes
37. Montreal-born/Hamilton-raised rocker of platinum hit "Mama Let Him Play": 2 wds.
40. Dar es _ (Tanzania city)
41. Angry, in days of yore
42. Ed of "Daniel Boone"
43. Splotch
45. Do a professor's work
49. Peacock network
50. Newly minted word or phrase
52. Green Day drummer Mr. Cool
53. On the _ (Precisely punctual)
54. Supermodel Carol
55. Spiral-tusked Arctic whale
57. 'Parliament' suffix
59. Pare
61. Memorization method
62. TMZ.com founder Harvey
63. Loaf
64. Yahweh's 'yeah!'
65. "Did you _ _ keys anywhere? I still can't find them."
66. Pottery piece
67. Father, in Quebec

DOWN
1. Junos and CCMAs
2. Start the computer again
3. Unpolished/tactless
4. Particular preposition
5. Ann _, Michigan
6. Health crisis care: 2 wds.
7. Classic range cooker company
8. Conserve the food
9. Eggs-whipping gadget
10. Female octopus
11. Insolent
12. Cause the stomach to be upset
13. Necessitates
21. Photographer's tool
23. Wet plaster mural
27. VictoriousOhVictorious! Community of northeastern British Columbia
30. Tapestry wall†hanging
32. Workshop machine
34. Icon
36. "The _" by The Box Tops
37. Boisterous country festivity
38. Not compulsory, as some surgery
39. Citify
40. Tropical resort footwear
44. Small
46. Not away from one's abode: 2 wds.
47. Volcano opening
48. La Belle _ (1864 comic operetta by Jacques Offenbach)
50. Astute/shrewd
51. Nintendo enthusiast
56. Shawl
58. Point
60. Uncooked

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Remember to learn whatever you can so that you are performance-ready for a career peak in 2018. Whatever you do now will pay off then.

Taurus April 21 - May 21
Many of you are forced to rely on your own resources now. You can do this! Furthermore, this will strengthen you for a career peak four years from now.

Gemini May 22 - June 21
This is a fun-loving, playful time for you. Nevertheless, your relations with spouses, partners and close friends will be tested in the next year.

Cancer June 22 - July 23
Continue to work hard at your job even though you might feel overwhelmed. You can handle what you must do. You will get recognition for this in 2018.

Leo July 24 - Aug. 23
This is a busy time for you. Enjoy schmoozing with others. Likewise, enjoy redecorating where you live and entertaining at home.

Virgo Aug. 24 - Sept. 23
One reason you want to boost your income now is you are doing everything you can to secure your home and make it a safe refuge for your family. Focus on repairs and home improvements.

Libra Sept. 24 - Oct. 23
This is a powerful time for you. Be aware that many of you will have a change of residence or job during the coming year.

Scorpio Oct. 24 - Nov. 22
For the next month, your ability to convince others is amazing. Use this to your advantage, especially if you write, sell, market, teach or act.

Sagittarius Nov. 23 - Dec. 21
For a year now, you have been sailing in a new direction after having given up so much during 2012-2015. You are on a path to define the new you!

Capricorn Dec. 22 - Jan. 20
This continues to be a time of downsizing and letting go of what is no longer relevant in your life. This month, friends are supportive to you. Use their help if necessary.

Aquarius Jan. 21 - Feb. 19
Matters related to inheritances and shared property will go forward with more clarity now. If you need help from bosses, parents and VIPs, ask for it.

Pisces
Feb. 20 - March 20
This is a time of harvest for your sign. You see now what is working and what is not. If possible, reward yourself with some fun travel, because you deserve it.

CONCEPTIS SUDOKU by Dave Green

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		1	2		5			

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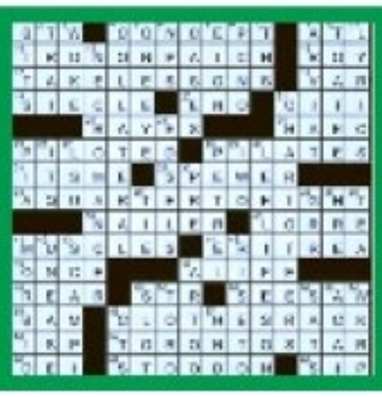

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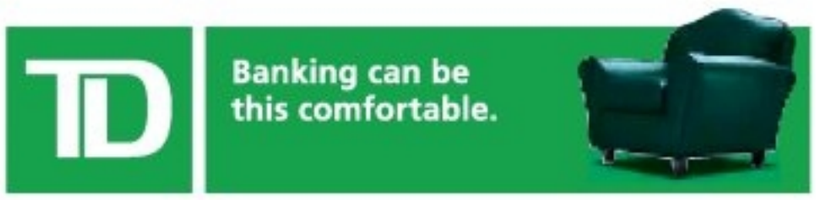

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